



CONNECT COORDINATE COLLABORATE

Become part of historic healthcare change through the
Long Island Health Collaborative



Sponsored by the Long Island Population Health Improvement Program

The Long Island Health Collaborative

The Long Island Health Collaborative (LIHC) is the hub of *population health* activities on Long Island. The LIHC is a coalition that includes the two county health departments, all Long Island hospitals, health and social service community-based organizations, health plans, academic institutions, local governments, and other groups that are working together toward a healthier Long Island.

OUR STRUCTURE

The LIHC consists of smaller workgroups. Each tackles a different sector of society. All **collaborative** members add value to the LIHC's main goal of reducing the burden of chronic disease. Members' expertise and resources are utilized for the collective good of improving the health of Long Islanders.



What Does Population Health Look Like?

Population health is an approach to understanding and improving the health of communities. It focuses on health outcomes of groups of individuals. Through population health, care is best delivered when it is **well-coordinated** between more than just patients and doctors, or patients and hospitals. It needs to reach into the communities where people live, work, and play. **Coordinated** care involves a healthcare team - physicians, nurses, nurse practitioners, physician assistants, pharmacists, physical therapists, home health aides, social service providers and anyone else who tends to patients' needs that extend beyond traditional healthcare. Employment, education, housing, transportation services, along with access to affordable foods and opportunities for physical activity hold as much of an influence on patients' health outcomes as do medical treatments and interventions. Collectively, patient by patient, these factors play a role in getting and keeping the Long Island population healthy.

What Can You Expect?

There is no fee to become part of this groundbreaking initiative that is integral in shaping the delivery of healthcare on Long Island for generations to come.

Here is what you can expect:

- ☀️ Special invitation to monthly meetings in Hauppauge, NY, with updates on projects and outcomes of LIHC initiatives
- ☀️ Access to vast sets of data, collected through the work of the LIHC
- ☀️ Networking opportunities unlike that of any other organization on Long Island
- ☀️ To make a positive impact on the community in which you live, work and play
- ☀️ Our monthly newsletter, with updates on the Long Island Health Collaborative and policies concerning our work

What's expected of you:

- ☀️ Attendance at the Long Island Health Collaborative's monthly meetings
- ☀️ Active participation in at least one workgroup and its initiatives by your organization's representative(s)
- ☀️ Commitment to the Collaborative's goal of improving the health of Long Islanders



A healthy Long Island population is everyone's business.

Why? Good health is achieved when the places where Long Islanders live, work, and play all emphasize and encourage physical activity, good nutrition, and emotional stability. It's a new way to look at how we can become well or stay well. That's population health.

Become part of the core connection

of health and human services and partner with the **Long Island Health Collaborative**.



What Do We Do?

Conduct Data Collection

Data uncovers the unmet health needs of a community. We identify these needs by reviewing public data sets, collecting primary data, and listening to the needs of the LIHC members and the community at large. All these sources combined drive the **collaborative** health planning process.



Promote Healthy Living

Our emphasis is on physical activity and nutrition. Our members promote the health benefits of walking, a simple and inexpensive way to incorporate movement into a daily routine. Our walkability program includes using mock prescriptions to encourage people to walk, **coordinating** with local towns and villages to make streets safer for walking, managing an easy-to-use database of year-round walking events and trails, and providing an online portal to track progress and compete with others.



Pursue the New York State of Health's Prevention Agenda

The Prevention Agenda is a five-year public health effort to make New York the healthiest state in the nation by identifying the biggest health issues, determining their root causes, and **connecting** with community partners to solve those problems. The LIHC is the driving force behind Long Island's move to help residents become healthier and reach the Prevention Agenda goals. Read more about the Prevention Agenda at www.bit.ly/NYSPA.

Bridge Population Health Gaps

Our goal is to ensure that quality healthcare is accessible, equal, and available to all. That **coordination** is the essence of population health.



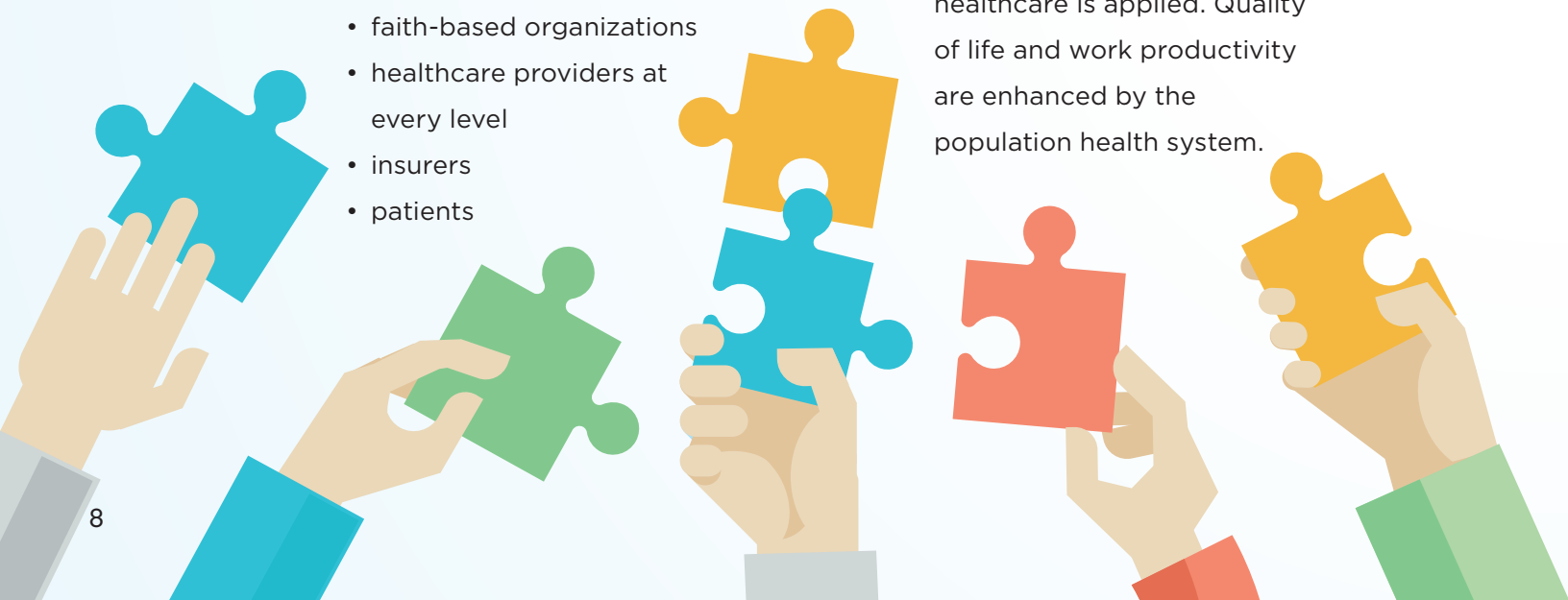
Who Should Be Part of The Solution?

Everyone

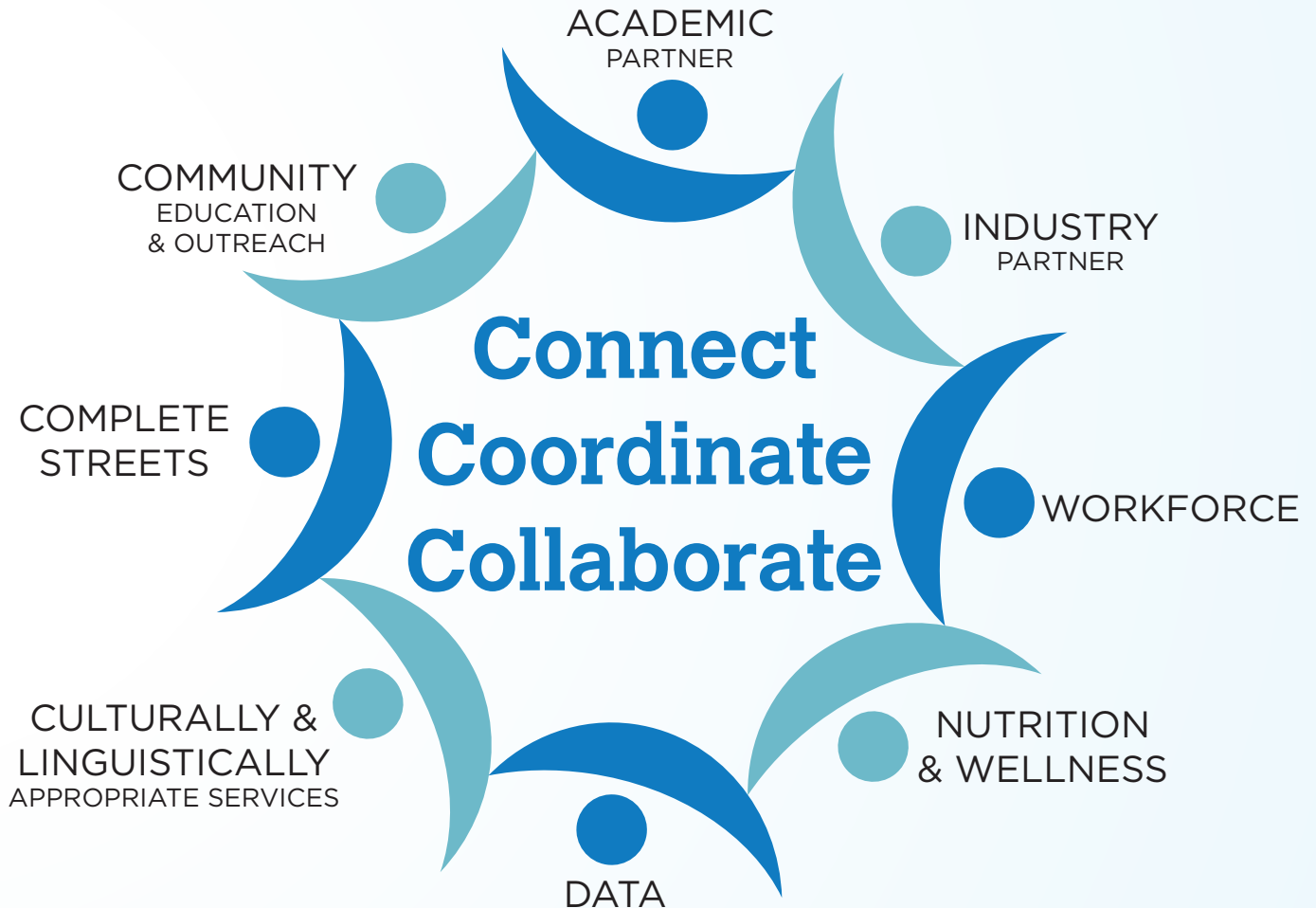
- the business community and employers
- local governments and law enforcement
- schools
- local and regional community based organizations
- civic and neighborhood associations
- faith-based organizations
- healthcare providers at every level
- insurers
- patients

Healthcare touches every aspect of a person's life.

There is good, solid evidence that costs are lowered for both society and the individual when a **connected, coordinated, collaborative** approach to healthcare is applied. Quality of life and work productivity are enhanced by the population health system.



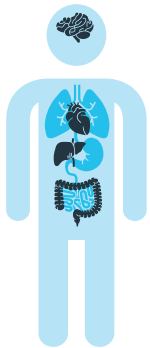
What's Your Role?



What Do We Know?

Chronic disease is the leading cause of death and disability in the United States.

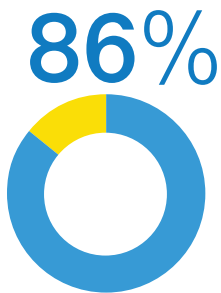
People can improve their quality of life by having access to the resources they need to prevent or manage these diseases.



1 IN EVERY **2**
adult Americans suffer from a chronic disease affecting how they live, work and play



7 IN **10**
Americans die from chronic diseases



86% of U.S. healthcare costs are attributed to chronic disease, adding expense to both employers and employees

Chronic diseases are

✓ Common

✓ Costly

✓ **Often Preventable**

What Now?

Become part of historic healthcare
change through the
Long Island Health Collaborative.



To join,

contact the Long Island
Health Collaborative at
LIHC@nshc.org • (631) 257-6957



To get engaged and find more

information on **connected,**
coordinated, collaborative
healthcare, visit
www.lihealthcollab.org



Get to know

our community on





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The Long Island Population Health Improvement Program supports:

